



HODAG SCHOOLS FOUNDATION

PO Box 1522 | Rhinelander, WI 54501
<https://www.hodagschoolsfnd.org/>

YOU CAN SUPPORT HODAG TRADITION



**FOR ANSWERS TO
YOUR QUESTIONS
PLEASE CONTACT**



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SUPPORT OUR ASPIRUS FITNESS CENTER UPGRADES.

What is the need....

Currently we offer an Athletic Performance Class that is open to all students at Rhinelander High School. The average class size to accommodate all the student interest is around 40 students, but can be as large as 77 students per class. Because of the overloaded class size the teachers are currently condensing workouts for students during class.

Strength training helps build muscle, improve bone density, enhance cardiovascular health, and boost mental well-being. Establishing these habits during high school is crucial because it sets a foundation for a healthy lifestyle that can last a lifetime. Incorporating strength training as a class ensures that all students have access to proper guidance and instruction from a qualified strength coach, reducing the risk of injury and teaching them correct techniques. This structured environment encourages consistency, discipline, and a positive attitude towards fitness, empowering students to prioritize their health now and into the future.

Our current weight room lacks the necessary storage and functionality to utilize new developments in the strength and fitness industry to push our students and athletes to the next level. Our new layout would provide optimized space, better storage, better machines, new flooring, better flow to the space, and most importantly the amount of equipment needed to train our students and athletes.

The Solution...

- 21 rack systems with benches
- Each rack will come with new bars, plates, bands, step up boxes, and split squat attachments
- New floor with platform inlays
- New Dumbbells, kettlebells, slam balls
- 2 lat/low pull machines
- 4 universal machines
- 1 smith machine
- 4 Inverse curl machines
- 4 5 Degree reverse hyper machines

The Advantages...

- Provides adequate rack space for our school gym classes
- Major attraction for our athletes to continue grow in our programs
- Benefits of universal machines to be used for adaptive PE classes
- The layout will allow multiple teams and classes to utilize the space at once
- State of the art facility that will put us among the top schools in the state
- Benefits for mental health
- Enhances and creates a new and exciting culture that coaches, students, teachers, and athletes can rally behind.
- New equipment will enhance the rich tradition of strength training at Rhinelander High School

GIVING LEVELS

PROJECT COSTS

Equipment - \$302,000
Flooring - \$90,000
Installation - \$8,000
Total Cost - \$400,000



HODAG LEGACY CHAMPION — \$125,000+ (Only one available)

- Top Billing on the Hodag Strength Wall of Champions Largest and most prominent logo/name displayed in a solo spotlight position
- Facility Naming Opportunity "The [Your Name/business] Strength Zone"
- Custom Engraved Nameplates on Multiple Premium Equipment Pieces (2 racks, 1 connector)
- Lead Recognition at Grand Opening Ceremony
- Featured Article in Local Press & District Communications
- Permanent Recognition on School Website & Social Media Channels
- Custom Appreciation Plaque

HODAG POWERHOUSE SPONSOR — \$65,000 to \$124,999

- Featured spot on Hodag Strength Wall of Champions (second largest logo/name)
- Custom nameplate on premium equipment (Connectors between racks limited availability)
- Invitation to grand opening
- Recognition on school website and press releases
- Permanent social media recognition & thank you post
- Custom Appreciation Plaque

HODAG CHAMPION BUILDER — \$35,000 to \$64,999

- Large logo/name on Strength Wall
- Nameplate on two racks
- Invitation to grand opening
- Recognition on school website
- Social media thank you
- Custom Appreciation Plaque

HODAG IRON ELITE — \$15,000 to \$34,999

- Large logo/name on Strength Wall
- Nameplate on a rack
- Invitation to grand opening
- Recognition on school website
- Social media thank you

HODAG BARBELL CLUB — \$7,500 to \$14,999

- Medium logo/name on Strength Wall
- Invitation to grand opening
- Recognition on school website
- Social media thank you

HODAG PLATE PILE — \$1,500 to \$7,499

- Name/logo on Strength Wall
- Invitation to grand opening
- Social media thank you

FRIENDS OF THE HODAG WEIGHT ROOM — \$100 to \$1,499

- Name listed under Friends of the Hodag Weight Room section on the Strength Wall
- Invitation to grand opening